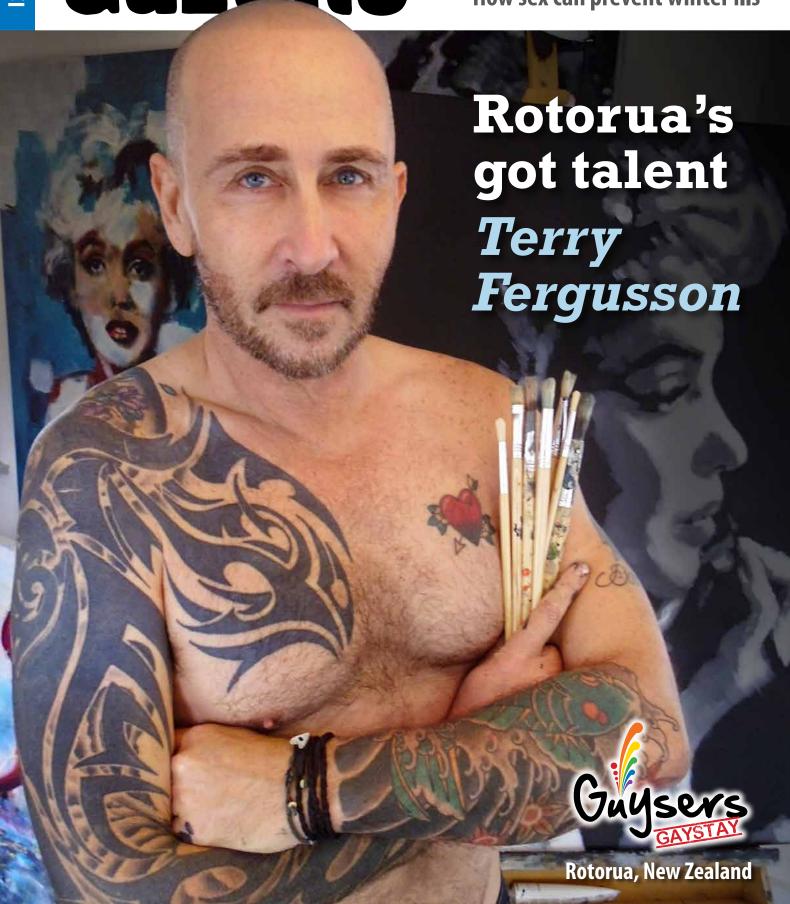


The Tarawera Falls Track

**Nude modelling for life drawing** 

Midday munchies in Rotorua

How sex can prevent winter ills



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#### **GUYSERS GAYSTAY**

Hosted B&B for gay men 1406c Pukuatua Street Rotorua, New Zealand



Phone: NZ +64 (0) 21 0298 8093 enquiries@guysersgaystay.com

#### https://guysersgaystay.com



facebook.com/GuysersGaystayRotorua



Guysers Gaystay is a member of **GayStay NZ** New Zealand's LGBT hosted accommodation www.gaystay.co.nz

## Welcome

It maybe winter in New Zealand, but in this edition of the *Guysers Gazette* we show that Rotorua is a hot destination to visit all year round.

A winter soak at Wai-O-Tapu's natural hot thermal stream.

Rotorua.

We walk the stunning Tarawera Falls Track and bring back some snaps of the most beautiful falls in the Bay of Plenty.

No visit to Rotorua would be complete without visiting the iconic Elizabethan-style museum that was once the old bath house and show you how gorgeous and historic this building is, even if only viewed from the outside.

We take a look at Rotorua's many interesting and decorative doorways and grand entrances that make this city so unique.

Rotorua's Terry Fergusson, aka *The Bushmans Son*, shares his story and his achievements in becoming one of New Zealand's great portrait artists.

Peter does his bit for the local community by getting naked for Rotorua's life drawing artists.

We bring you a few items that have highlighted some of Rotorua's recent achievements including recognition of the Redwoods designer toilets in Lonely Planets latest book, *Toilets: A Spotters Guide*.

We finish with some lunch ideas in Rotorua City and inform you of the science of how having sex can prevent you from getting a cold this winter!

**Peter & Mike** 

Guysers Gaystay, Rotorua, New Zealand

Guysers Gazette Issue 8 • Winter 2016

# Mucking in at Guysers Gaystay

Guysers GAYSTAY

The busy peak summer season maybe behind us, but the hard work has not stopped for us at *Guysers Gaystay*.

During the month of May (2016) we decided to get stuck in and completely upgrade our front garden with a new fence, entrance path and a new sub-tropical-look garden.

Together with help from our close friend Patrick, we worked liked beavers for many days pulling off all the old fence pickets, smashing up the old concrete path and ripping out all the old plants.



We hired two large skip bins to dispose of the piles of rubble and garden waste that was created. Once that was done, wooden boxing was constructed for the new entrance path ready for the concrete delivery truck to pour the concrete. Once the screeding of the concrete was finished it was left to harden for a couple of days.

**Continued over...** 



New path complete.

Meanwhile we started work on the new front fence, painting all the posts and rails in a dark grey colour, cutting and staining hundreds of pickets, and then nailing them all on.



In keeping with our Balinese theme that runs throughout *Guysers Gaystay* we constructed a beautiful Bali-style entrance gateway finished with a marine varnished bamboo roof to give that tropical 'thatch-look'.

New fence complete.

Once all the hard construction work was complete the green thumbs had to be put into action to prepare the gardens for replanting, raking in new soil (that we had delivered), and planting all the new tropical palms and plants that we purchased. Weedmat and bark chips was put down to help suppress the weeds and give the garden a wonderful textured look.

During the entire process from when we first began, our nearest neighbours wondered what on earth was going on, as the site looked liked a bomb had hit it with skip bins on the front lawn, piles of rubbish and soil everywhere and concrete/delivery vehicles coming and going.

Our neighbours went from giving us visual daggers and not speaking to us for days to telling us what a wonderful job we have done and how beautiful it now looks.

The whole job was a lot of hard work, but the final result looks fabulous.



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### My take on what makes Rotorua great

By Brent Park, Volcanic Hills Winery, Rotorua

The attraction of Rotorua is that it has something that nowhere else in this country has (and that's not just the unusual smell!).

People commentate on the bi-cultural nature and inter-racial harmony that New Zealand prides itself on being, yet they fundamental miss, or are too embarrassed to embrace the concept when confronted with it.

Rotorua is that melting pot where the pure New Zealand culture, whether it be Māori, Polynesian, Asian or European, and those visiting from overseas, meet to see where we as a country present the best of lifestyle and entertainment.

The things people associate with Rotorua are it's iconic tourist attractions, but when you get below its skin, what the town has is an open-armed warmth for any race, creed or belief, and an acceptance that we love what is here. We don't take it for granted, and we know it's incredible to be part of the whole, rather than our enclave of isolated regionality so associated with small town New Zealand.



VOLCANIC HILLS WINERY

www.volcanichills.co.nz

**Guysers** Gazette



## **Experience the magnificent Tarawera Falls Track**

The Tarawera Falls are the most spectacular falls in the Bay of Plenty where water surges out of fissures in the middle of a large rock cliff-face surrounded by native bush. The cliff is the end of an ancient rhyolitic lava flow that is believed to have poured from an erupting Mt Tarawera about 11,000 years ago. An abrupt stop to the flow produced these high cliffs.

Access to the Tarawera Falls is from the township of Kawerau (off SH30 between Rotorua and Whakatane) via private forestry roads which requires a \$5 permit available from the Kawerau Information Centre on Plunket St.

#### **Tarawera Falls Track**

The river disappears into

underground fissures in cliff before emerging as the Tarawera Falls.

This part of the track is an easy 20-minute one way walk (0.7 kms) from the Waterfalls Road carpark to the Falls viewing area.

From the carpark, head upstream along the Tarawera River, cross the foot bridge then continue along the river until you arrive at the viewing area at the base of the Falls.

The Falls are a spectacular sight and there are signs to explain the cultural and natural significance of the area.

The Tarawera Falls

plunges 65 metres down
a sheer cliff face before
tumbling down bush-lined
rapids.

Native forest birds such as
Tui, Tomtits, Fantails
and Kereru can
often be seen
near the tracks.

The beautiful
New Zealand
Tui bird.

Continued over...

#### Continued...

#### **Tarawera Outlet to Falls Track**

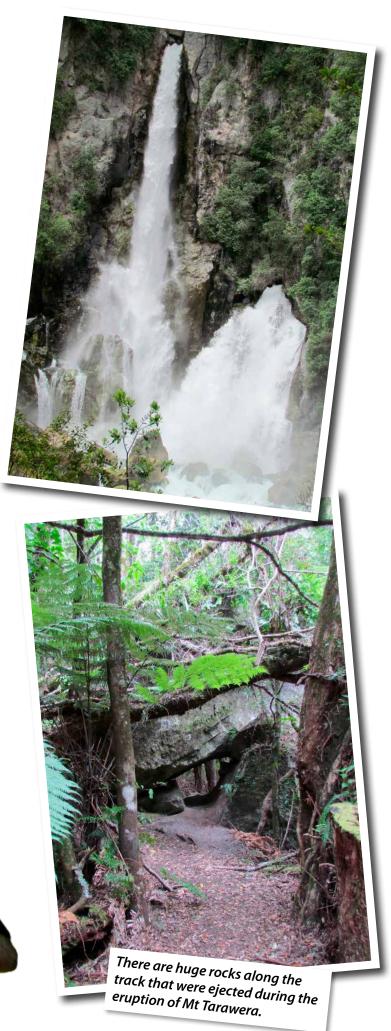
For a longer walk drive out the Tarawera Outlet Campground and commence the walk to the Tarawera Falls from there.

The track meanders through native bush, largely following the river. Too cold to swim in winter, but there is a popular swimming spot during the warmer months about 1 hour walk from the Outlet. Caution is advised for those wishing to swim beside this track due to strong currents, other than at the swimming hole where the water is calmer.

The track then zigzags down a steep escarpment to the viewing area at the base of the Tarawera Falls.

Return back the way you came along the same track. This 5 km return walk takes approximately 3 hours with a 55 minute travel time to/from Rotorua City. Pick up the Tarawera Falls brochure with a map when you stay with us at *Guysers Gaystay* in Rotorua.





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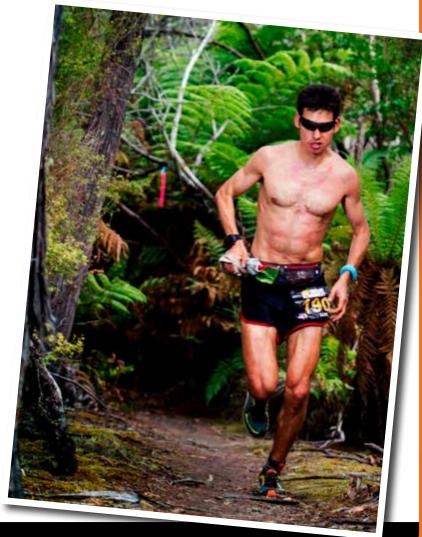
#### The Tarawera Ultramarathon is

New Zealand's most prestigious ultramarathon and is part of the 12-race Ultra-Trail World Tour.

Runners entered in the 100, 85 or 60km race will complete a course that will take them around four lakes, through many forests, past waterfalls and some of the most stunning scenery in the world, from Rotorua to Kawerau in the Bay of Plenty, New Zealand.

Over 1260 participants, including nearly 400 international athletes and many of the world's best trail ultra runners, will run the race of their lives from Rotorua to Kawerau held each February.

The Tarawera Ultramarathon is a worldclass event and a must-do for every runner looking to challenge themselves and experience their own adventure along some of the most beautiful trails in the world.



For more information or to register visit www.taraweraultra.co.nz

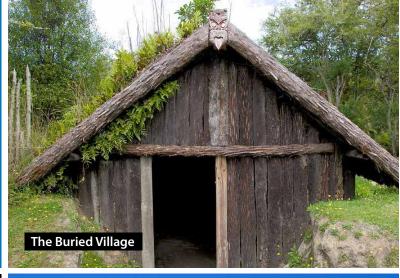




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# Making an entrance in Rotorua

The doors and entrances into the heart and sole, heritage, fun and exciting places of Rotorua.

































# ROTORUA'S GOT TXLENT Artworks by Terry Fergusson

Rotorua resident, Terry Fergusson, aka "The Bushmans Son" is a talented local artist producing beautiful portrait artworks that are becoming represented and acknowledged by New Zealand's fine art establishments, galleries and connoisseurs of great art.

#### **Creating The Bushmans Son**

I asked myself what my main mission was for my work and art. I was able to succinctly say that my goal was to create awareness and a following of my style.

Once I realised that I had that one central objective, I saw that a "BRAND" rather than just signing my name to each piece of work really served as an umbrella for all that I do.

The name comes from my upbringing in small town New Zealand and from being the sixth child and youngest son of a South Waikato Bushman so is a direct description of Myself and a BRAND NAME that sets me aside from anyone else.

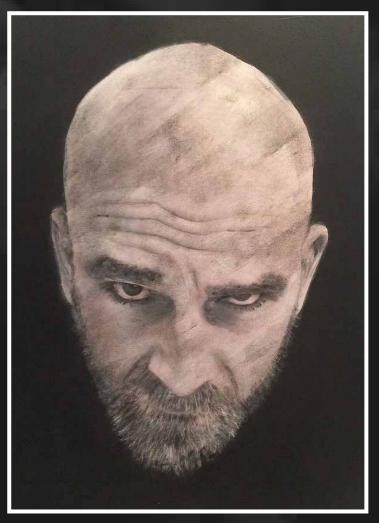
I use a mix of photography and acrylic to create the images and looks I am after and sometimes (most times) I am guided by my brush and

Opening night of the "RAW" exhibition held at the Exhibitions Gallery of Fine Art, Auckland, 5 April 2016 - 5 May 2016

the piece evolves on its own which give each finished product individuality.

Faces and humans are my focus and they all tell a story. This mix of paint and film captures the essence of the subject and brings it to life with colour and sometimes text.

**Continued over...** 



"Respect"

#### Continued...

#### The story so far...

From a young age I would sketch/paint friends and family and then later my own children.

It was a very personal thing so I never really shared it with anyone other than the subjects themselves.

Being a young gay solo dad I never really had the time to concentrate on a career in art or even entertain the thought of it – I was too busy being a dad and after my two sons left home I was too busy being caught up in my career in media and of course flitting around the country and globe doing the 'gay circuit' as my mind, body and soul could take!

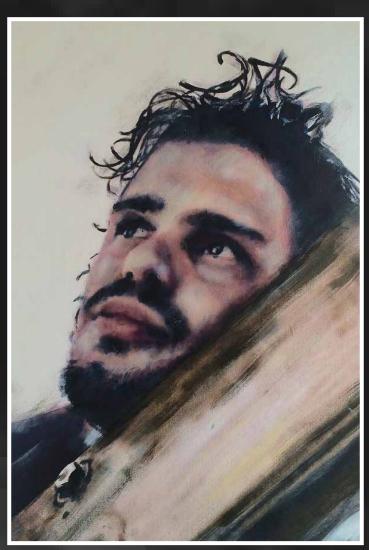
It's only been in the last few years I became totally SINGLE in every way and decided to take a breath and concentrate on what truly makes me happy. So I picked up the brush again and felt inspired by different artists and art in the marketplace enough to go out on my own.

Once I started, the passion emerged again (in each piece) and I felt clarity around my style with each completed work.

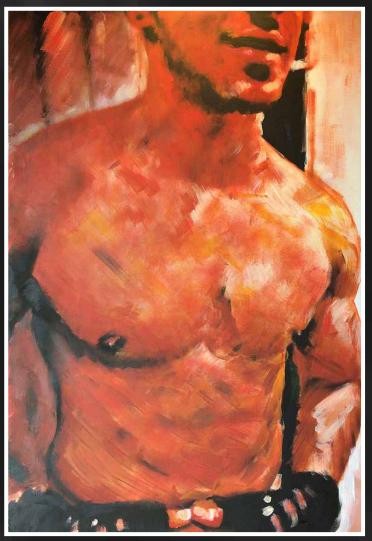
With no formal training or degrees, it can be so difficult to be taken seriously amongst trained/accomplished/certified and young fresh artists, however, I feel so driven and proud to class myself as an EMERGING ARTIST from 1963!

The proof of how my art / work has been received is in the results to date.

My first recognition was being named a finalist in the *TCAC Emerging Artist* awards in Auckland (2015) for an early piece called *"Beautifully Complicated"*.



"Anchor Me"



"Expression"

I then started really working on THE BUSHMANS SON brand as that was being commented on as much as the artwork itself because of its back story – the youngest son of a bushman! People loved it!

My Facebook page took off and went crazy each time I posted my latest works so I forged forward with more and more.

Recently I have been signed to Exhibitions
Gallery of Fine Art in Auckland and Wellington
with the first exhibit named "RAW" at the
Auckland Gallery in May this year being a
"sell out" and breaking all records for the
amount of wine consumed on an opening
night!

The next exhibition is an extension of the *RAW* work and will carry the same overall

theme and is scheduled for early November 2016 in their Wellington gallery.

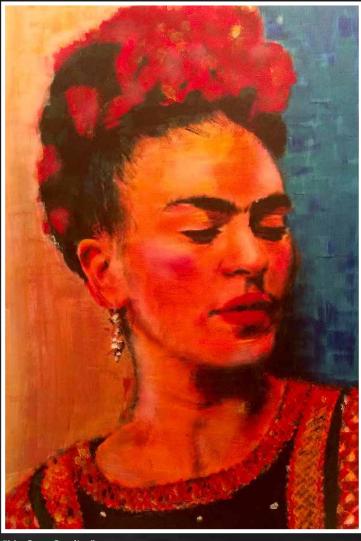
#### www.exhibitionsgallery.co.nz

The *RAW* theme is all about the *RAW* emotion that we all show on our faces and its my goal to capture and express as many of those on canvas with my mix of photography and acrylic.

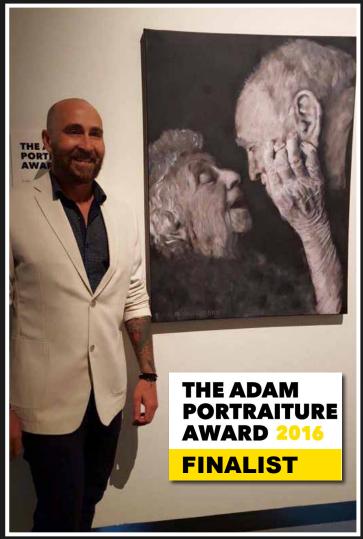
*RAW* also represents this stage of my work and career in its *RAW*-est form.

I was recently named a finalist in the National Adam Portraiture Awards at the NZ portrait Gallery in Wellington where my work named "Still Mine" (a portrait of my parents) took out first prize for THE PEOPLES CHOICE AWARD.

#### Continued over...



"My Own Reality"



Terry Fergusson with his painting titled "Still Mine" at the Adam Portaiture Awards, Wellington, 2016

#### Continued...

I am absolutely blown away by the amount of interest in my work and now after being away from Rotorua for 16 plus years I ended my career in media and have come home to concentrate solely on painting and the brand and have moved my small studio from Grey Lynn in Auckland to my home in Ngongotaha, Rotorua.

Coming home to my family and friends who are still in the Rotorua district has been an amazing experience, especially adjusting from living in New Zealand's biggest city to rural/ lakeside Ngongotaha.

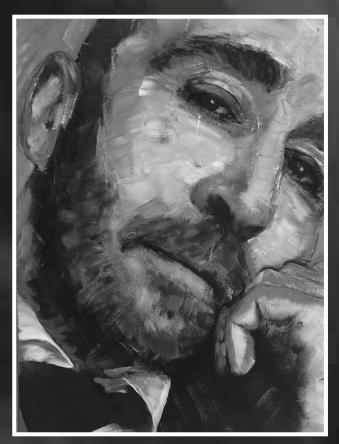
Each day I feel more and more relaxed and calm about my new direction and daily I work on the art and maintaining interest in my brand... THE BUSHMANS SON.



"Shout"



"Selfie With Glasses"

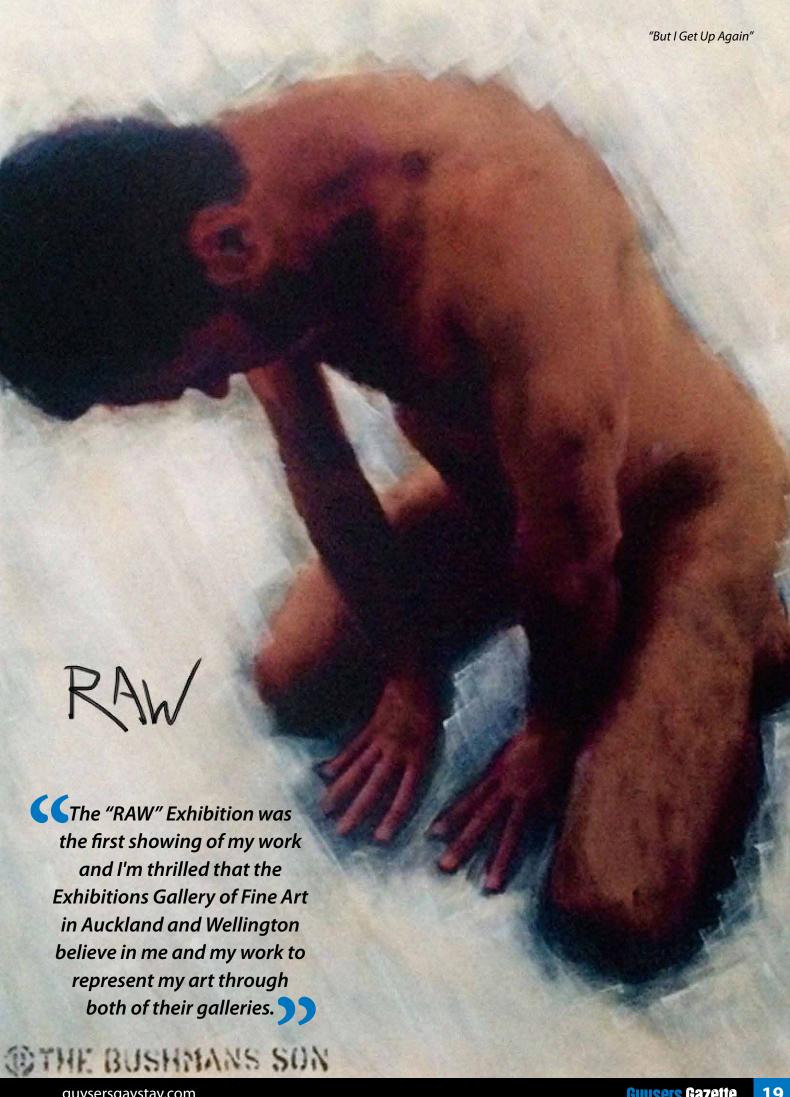


"Self Portrait"

#### **CONTACT**

Terry Fergusson (aka *The Bushmans Son*) can be contacted on +64 (0)21 909827 Check out the full collection of artworks on www.thebushmasson.com

You can find and follow The Bushmans Son on Facebook too. 'Like' him!



**Guysers** Gazette guysersgaystay.com

## Stripping down for Rotorua's art community

By Peter, Guysers Gaystay

Since 2015 I have been a nude life model for the artists of Rotorua's life drawing classes. I've found it to be social, enjoyable, rewarding and a good thing to do for the community.

For many people, the thought of posing naked in front of a bunch of strangers would be a terrifying thought. But for anyone who is comfortable in their own skin and not embarrassed being naked in front others, I recommend giving life modelling a go.

I began modelling for Rotorua's life drawing classes early in 2015 and have been one of their regular male models ever since. The classes give both new and experienced artists the opportunity to draw a model from life.

I found the members of the life drawing group (which is usually between 10 and 15 people) to be very professional, mature and friendly, and they always make me feel very comfortable

they always make me feel very comfortable.

The classes usually begin with a series of

short 5 or 10 minute poses

(that I come up with)

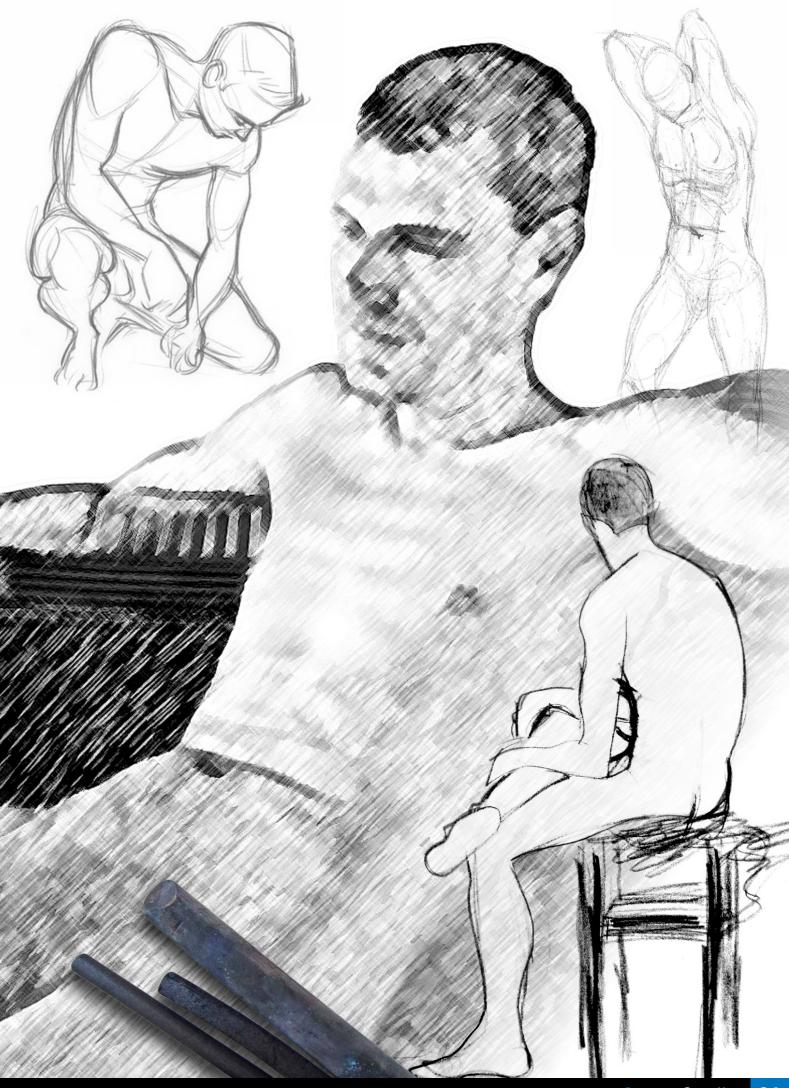
which encourages the artists to draw quickly, focussing only on the human form as an outline. Then there are a couple of 30-minute poses which enables them to apply more form, detail and shading or to use other mediums like watercolours, pastels or charcoal.

As a model its important to come up with interesting, but comfortable poses that can be held still for longer periods of time, which can be challenging and sometimes even painful!

Rotorua's Arts Village (Hinemaru St) often have exhibitions where finished life drawing artworks or paintings are exhibited and sold to the public.







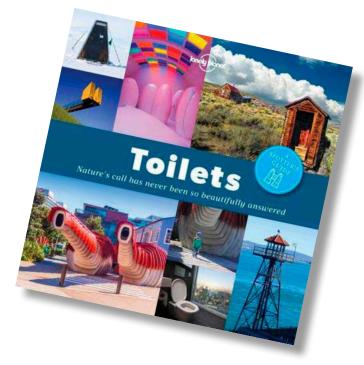


#### **Designer bogs**

The **Redwoods' Visitor Centre** toilets designed by Darryl Church Architecture has made it into the latest Lonely Planet paperback book, **Toilets: A Spotters Guide**.

"As any experienced traveller knows, you can tell a whole lot about a place by its bathrooms. Whatever you prefer to call them – lavatory, loo, bog, khazi, thunderbox, dunny, washroom or water closet – toilets are a window into the secret soul of a destination." [Lonely Planet].

Many public toilets possess that awful stench of ammonia and are presented with stained and chipped loos and graffiti scribbles on the walls (particularly in the men's). But the stylish, modern and artistically designed toilets at the Rotorua Redwoods' Visitor Centre have been



praised by Lonely Planet and noted as being "sweet as".

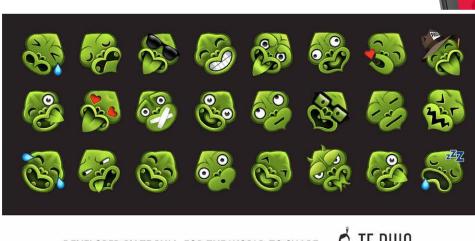
The shrouds, designed by Māori artist Kereama Taepa, each depict a native North Island bird, which is either extinct or endangered, and the idea of the organic cylindrical design is that they replicate the pattern and shape of the surrounding trees. Well worth a visit!



#### Emotiki keyboard app

Rotorua's visitor attraction *Te Puia* has developed *Emotiki* – an emoji keyboard app with distinctly Māori emoticon icons that is scheduled for launch in July 2016 and will be available for android and iOs devices.

The *Emotiki* app will be free to download so they can be used with no barriers by all people, not only Māori and not just New Zealanders. The icons you see here are just some of the 150 Māori emoticon designs they have developed to date.



DEVELOPED BY TE PUIA, FOR THE WORLD TO SHARE





The *Redwoods* in Rotorua has once again been recogised as a top cycling spot in New Zealand having won the 2016 Bike Wise Award for the best off-road or adventure ride.

The NZ's Favourite Places to Cycle award, now in its third year, had over 10,000 nominations and votes received.

Rotorua Lakes Council sport and recreation manager Rob Pitkethley said "The fact that 10,000 people took part in the award shows how much Kiwis love recreational cycling and it is great to see just how many of them also love the Redwoods in Rotorua."

If you enjoying cycling or mountain biking, be sure to come to Rotorua!





## Midday munchies

Here are some suggestions for a great lunch in Rotorua...

#### Bratwurst and saverkraut in ciabatta roll

Head out to the Okere Falls Store Café or the Library Store Café for their delicious German Bratwurst sausage with sauerkraut in a crusty ciabatta roll with mustard and tomato sauce.

757A SH33 Okere Falls, Rotorua or 1127 Haupapa Street, Rotorua



#### Vapanese Bento Box

For a fresh, authentic Japanese Bento Box where you get to choose the items that go into it go to Yamato Japanese Restaurant. They are just up the road from Guysers Gaystay too!

1123 Pukuatua Street, Rotorua



## Savoury or sweet crêpes

Ooh La La! Enjoy a coffee and one of Le Cafe de Paris's delicious (savoury or sweet) organic and gluten free French crêpes. Seriously good!

1206 Hinemoa Street, Rotorua



in Rotorua city

## Famous NZ Greenlip mussels with garlic bread

For the fattest, juiciest and tastiest New Zealand Greenlip mussels in town head to *Ciccio Italian Café*. The mussels are finished in a light chilli tomato Napoli with white wine, capers & fresh basil and served with garlic bread. Yum! (Subject to seasonal availability).

1262 Fenton Street, Rotorua



#### Patrick's Pies

Every Kiwi enjoys a good pie so when in Rotorua do try one of the multi-award-winning Patrick's Pies from the *Gold Star Bakery*.

Two store locations:

89 Old Taupo Road, Rotorua or 1114 Haupapa Street, Rotorua



### Award-winning fish 'n chips

Awarded one the top 5 fish & chip shops in the country and Grand National Winner in 2011, *Oppies* is the place to go for wonderfully fresh and crispy fish & chips. Cooked in Rice Bran oil they are healthier too!

Corner Fenton Street and Malfroy Road, Rotorua



Continued over...

#### Continued...

## Spicy Shakshuka with poached eggs

A Shakshuka is a dish of poached eggs in a tomato/red pepper sauce spiced with cumin, paprika and cayenne. It's a spicy North African dish, now served at the *Picnic Café* in Rotorua. Perfect for warming you up over the winter months.

1174 Whakaue Street, Rotorua



#### Freakshakes

Get your freak on with Ciccio's amazing 'Freakshakes'.

Choose from Butterscotch BadAss, Strawberry Fields Forever, the ChockyWocky Freakout or Jelly Tip Coma. They're all so good it's hard to choose a favourite. If anything needs a sugar tax it's these!

1262 Fenton Street, Rotorua



#### Wood-fired pizza

For a seriously good pizza be sure to go to *Capizzi Pizzeria*. Their wood-fired pizzas are made from the freshest, quality ingredients and have wonderful light, crispy and smokey bases.

1198 Tutanekai Street, Rotorua



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#### Tandoori Combo

A delicious Indian Tandoori combo consisting of vegetable samosas, mixed Pakoras, Chicken Tikka's and Seekh Kebabs served on a sizzling hot plate makes for a perfect lunch option at the *Indian Star Restaurant* on Eat Streat.

Great for sharing too!

1118 Tutanekai Street, Rotorua





#### Yum Cha

For delicious Yum Cha with all your favourites like Dim Sums and Dumplings, plus some less-commonly known dishes, head to Rotorua's **Regal Chinese Restaurant** for lunch.

1199 Amohau Street, Rotorua

#### Ciabatta or focaccia sammies and sweet pastries

For fine artisan bread sandwiches filled with either smoked chicken, lamb, ham, BBQ pork, salmon or chilli beans and expertly made pastries, Danishes and cookies head out to the *Ciabatta Café & Bakery* on White Street. Do try their ever-popular Cronuts (or 'Go-Nuts' as they like to call them). Delish!

38 White Street, Rotorua







## How sex can prevent winter ills!

According to scientific research, having sex a few times a week can actually help fight off colds and flu! So if you're trying to stave off the inevitable sore throat or you're already sick with a seasonal cold or flu, then some sexual healing could be just the cure!

Countless studies have proven that having sex strengthens your immune system, and you'll need to be as strong as you can be to battle it out against seasonal germs and sickness.

Those who have a good sex session a couple of times a week (not including masturbation) produce substantially higher levels of *Immunoglobulin A* (*IgA*) which forms a barrier against disease thus preventing them from catching a cold, than those who don't have sex or do so less than once a week.

The discovery, made by psychologists Carl Charnetski and Francis Brennan of Wilkes University, Pennsylvania, suggests that sexual activity can help boost the immune system.

But don't plan on using this form of cold prevention every night – the bad news is that those who have sex more than twice a week also have lower levels of *IgA*.

The professors collected data on 111 people regarding the frequency of their sexual encounters. These ranged from none to

infrequent (less than once a week), frequent (once or twice a week) and very frequent (more than three times a week).

Information was also gathered from the volunteers on the length of their relationships as well as their satisfaction with their sex lives.

The professors then measured each person's immune system by testing their saliva for *IgA*, which is the commonest of the five major antibodies. "We found concentrations of *IgA* to be approximately one-third higher in the frequent group as compared to all other categories, including the very frequent group," said Professor Charnetski.

Along with the benefits of increasing immunity, sex also decreases stress, and your stress levels are known to be a major factor in determining whether you'll catch a cold or flu.

Studies have found that oral sex can help too, since semen contains chemicals that elevate mood, increase affection, and contain antidepressants.

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## 



SPUNK Lube Hybrid is a water based hybrid lube that resembles the look and feel of natural lubrication. It's white and creamy - just like cum, and feels unlike any other lubricant available.

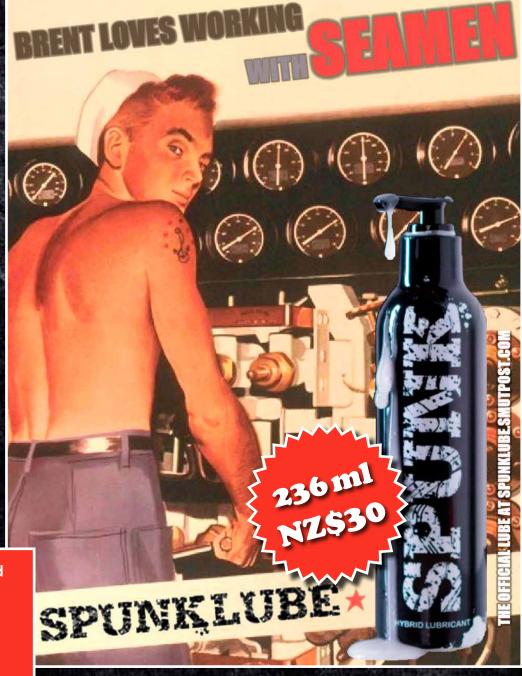
SPUNK Lube Hybrid is safe to use with all sex toys and condoms. It's non-staining and reactivates with water or saliva. SPUNK Lube Hybrid contains the perfect blend of water and silicone.

It's smooth and slick and not sticky or messy. It's the perfect all- round personal lubricant for any occasion. SPUNK Lube Hybrid uses the highest quality ingredients and will leave your skin feeling soft and conditioned.

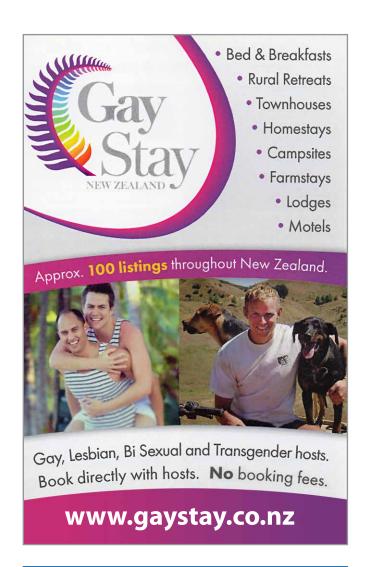
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info@guysers.co.nz

Postal charge is additional.



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**Enjoying a clothesfree life?** Join 1000s of like-minded men. **GoNaked Magazine** connects you to other nudists, places, and products for your naked life. 200+ page digital magazine.

https://gonaked-magazine.mybigcommerce.com



Oh! Naturist is dedicated to nature and naturism. More than 6,400 naturist friends from more than 100 countries meet, exchange and share experiences across the planet.

Oh! Naturist is truly multicultural and multilingual (English, French, Italian, German, Dutch, Bulgarian, Russian, Chinese), created by true lovers of nature and naturism who actively practice and promote the naturist lifestyle and its ethics.

The site is, and always will be free, to guarantee its independence, its quality and, most importantly, its friendly atmosphere.

ohnaturist.com



#### Rotorua Area Gay Society (RAGS) Rotorua's weekly gay men's social group

The RAGS group meets every Wednesday evening from 5 pm at a selected bar for a few drinks followed by dinner at a local restaurant. This social get-together is for both Rotorua locals and tourists/visitors alike who would like to join us.

To attend 'RAGS on Wednesdays' please email info@gayrotorua.com with your name and mobile number and we'll be in touch with details.

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